Sun Valley High School
10th Grade Classroom Guidance

Making Your High School Experience a Success

School Counseling Staff:

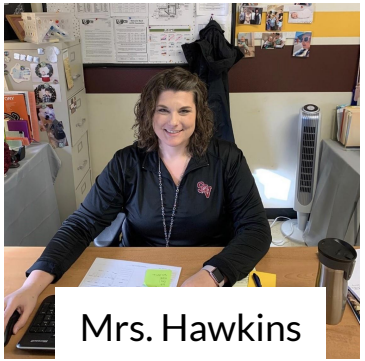
- Mrs. Stadler
  - Students with Last Names A-Ca
- Mrs. Hawkins
  - Students with Last Names Ce-Go
- Ms. Jaquish (soon to be Cervini)
  - Students with Last Names Gr-L
- Mrs. Hill
  - Students with Last Names M-Ri
- Ms. Jackson
  - Students with Last Names Ro-Z
- Ms. Clark
  - Secretary/Registrar
- Mr. White
  - College Advisor

Meet the Counselors!

Mrs. Stadler

Ms. Jaquish

Ms. Jackson



Mrs. Hawkins

Mrs. Hill

School Counselor

- **Academic**

  Scheduling, course selection, study skills, graduation requirements

- **Career**

  Career exploration, college & scholarship information, job search and interview skills, resume writing

- **Personal/Social**

  Peer pressure, stress, time management, conflict resolution

Confidentiality

- Confidentiality is an ethical principle upheld by your school counselor, but as required by law, it cannot be maintained in the event that a student reports:
  - The desire to harm oneself
  - The desire to harm others
  - Someone is harming them

Graduation Requirements

- Earn 28 credits
- Earn passing scores on 4 EOC exams
  - Math I, Biology, English II, and Math III
- You must meet the course requirements for the Future Ready Core course of study.
- Successfully complete Cardiopulmonary Resuscitation (CPR) Training

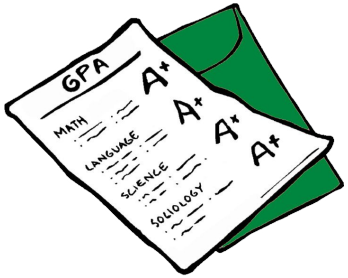
Graduation Requirements Cont. - Future Ready Track

- Check your transcript to make sure you are on track to graduate
  - English I, II, III, IV
  - Math I, II, III, and 4th Math course aligned with students post high school plans
  - Earth Science, Biology, and a Physical Science (Physical, Chemistry, Physics)
  - World History, Civics, American History I & II
  - Health & PE
  - If you plan to attend a 4 year college, you will need **at least 2 credits** of the same foreign language
    - This is a minimum requirement so at least 3 years of the same foreign language is recommended - Check your desired 4 year institution as 3 credits may be required
- In addition to core classes, earn enough electives for **28 total credits**

Calculating GPA (Grade Point Average)

- You receive quality points for each final grade you get in a class
- Honors and AP classes give you more quality points based on the grade you receive

Regular	Honors	AP
A=4	A=4.5	A=5
B=3	B=3.5	B=4
C=2	C=2.5	C=3
D=1	D=1.5	D=2



For Example:

Class	Grade	Quality Points
Honors English III	A	4.5
Math III	B	3
Honors American History I	A	4.5
AP Biology	A	5

- Add up your quality points → 4.5 + 3 + 4.5 + 5= 17
- Divide the total by 4 (number of classes) → 17/4 = **4.25 GPA**
- Your GPA is calculated at the end of each semester

October 12, 2016
Student Name:
Sun Valley High

Student No:
School No:

Sun Valley High School
5211 Old Charlotte Hwy
Monroe, NC 28110-7343
(704) 296-3020
Official NC Transcript

10/12/2016

STUDENT INFORMATION

Name:
Address:

Contacts:

Student No:
Birthdate:
Gender:
Expected Graduation Date: 06/09/2017
Course Of Study: Future Ready Core
Endorsement(s)*: Yes
CTE Concentrator**: No
Math Rigor: Yes

SCHOOL INFORMATION

Principal: Dr. Shaun Poole
(704) 296-3020
L.E.A.: Union County Public Schools
(704) 296-9898

School No: 900360
Grades: 9-12
Accreditation: SA
College Board Code: 342685

CREDIT HISTORY

	Course	Mark	Weighted	Unweighted	Earned Credits	Flags
Grade: 8	2012/13					
20232Z	Algebra I	98			1.00	EU
Grade: 9	2013/14					
52552X0	Band (Beginning) / Band I	97	4.000	4.000	1.00	
10215X0	English I Honors	96	5.000	4.000	1.00	U
22005X0	Common Core Geometry Honors / Math II Honors	98	5.000	4.000	1.00	U
95012X0	ROTC I / Rotc I-Cadet Field Manual	99	4.000	4.000	1.00	
52552X0	Band (Beginning) / Band I sem 2	96	4.000	4.000	1.00	
33205X0	Biology Honors / Biology I Honors	95	5.000	4.000	1.00	U
95022X0	ROTC II / ROTC II -Intro to NJROTC	96	4.000	4.000	1.00	
43035X0	World History Honors	96	5.000	4.000	1.00	U
Grade: 10	2014/15					
34205X0	Chemistry Honors / Chemistry I Honors	96	5.000	4.000	1.00	U
60492X0	Health and PE Grades 9-12 / Health and Physical Education	97	4.000	4.000	1.00	
23015X0	MATH III HONORS	100	5.000	4.000	1.00	U
95032X0	ROTC III / ROTC III Maritime History	100	4.000	4.000	1.00	
42095X0	Amer His: Found Prin, Civ & Econ Honors / Civics & Economics Honors	95	5.000	4.000	1.00	U
10225X0	English II Honors	94	5.000	4.000	1.00	U
95022X0	ROTC II / ROTC II -Intro to NJROTC	99	4.000	4.000	1.00	
11422X0	Spanish II	100	4.000	4.000	1.00	U
Grade: 11	2015/16					
43045X0	American History I Honors	95	5.000	4.000	1.00	
10235X0	English III Honors / English III-H AP Companion	96	5.000	4.000	1.00	U

October 12, 2016
Student Name:
Sun Valley High

Student No:
School No:

	Course	Mark	Weighted	Unweighted	Earned Credits	Flags
95032X0	ROTC III / ROTC III Maritime History	98	4.000	4.000	1.00	
11435X0	Spanish III Honors	97	5.000	4.000	1.00	U
1A007X0	AP English Language and Composition	95	6.000	4.000	1.00	
4A077X0	AP United States History / AP US History/American History II	91	6.000	4.000	1.00	
95045X0	ROTC IV Honors / Naval Skills - Honors	97	5.000	4.000	1.00	
24035X0	Pre-Calculus Honors	90	5.000	4.000	1.00	U
Grade: 12	2014/15					
23015X0	MATH III HONORS / MATH III HONORS					U
Grade: 12	2016/17					
2A007X0	AP Calculus AB / AP Calculus AB					S
1A017X0	AP English Literature and Composition / AP English Literature and Composition					S
3A027X0C	AP Environmental Science / AP Environmental Science					P
10245X0CC	English IV Honors / English IV Honors - AP Companion					PU
28005X0CAB	Math Local Elective / Adv Calculus Topics AB Honors					P
95042X0C8	ROTC IV / ROTC IV-Leadership Theory-Responsibility					S
95045X0LT	ROTC IV Honors / Leadership Theory - Ethics Honors					P
11445X0C	Spanish IV Honors / Spanish IV Honors					SU

UNIVERSITY OF NORTH CAROLINA BOARD OF GOVERNORS
MINIMUM COURSE REQUIREMENTS REMAINING
No Requirements Remaining

PERFORMANCE INFORMATION

Cumulative GPA Total Points are Calculated as of the end of 10/12/2016

Cumulative GPA Weighted:	4.7083	Total Points Weighted:	113.0000
Cumulative GPA Unweighted:	4.0000	Total Points Unweighted:	96.0000
Class Rank as of 10/12/2016:	7 out of 267	Total High School Credits: 24.000	Potential: 24.000
		Total Credits Toward Graduation:	25.000

TESTING INFORMATION

Test Name / Score Name	Score	Test Date
CPR		***11/27/2***
CPR_Pass_Fail	P	
Math I End of Course		***06/01/2***
MathI_EOC_Percentile	99	
MathI_EOC_Achievement_Level	IV	
MathI_EOC_Scale	273	
Biology End of Course		***06/01/2***
Biology_EOC_Achievement_Level	V	
Biology_EOC_Scale	267	
Biology_EOC_Percentile	96	
English II End of Course		***06/01/2***
EnglishII_EOC_Achievement_Level	V	
EnglishII_EOC_Percentile	99	
EnglishII_EOC_Scale	169	

GRADING AND GPA DETAILS

Note: Effective July 1, 2015 North Carolina changed to a standardized 10-point grading scale.
Prior to July 2015, North Carolina school districts used a variety of 7-point grading scales.
Note: All courses taken at the middle school for high school requirement(s) will not calculate in the GPA.
Note: High School Earned Credits only are calculated.

Grading Scale

90-100 = 4.0	80-89 = 3.0	70-79 = 2.0	60-69 = 1.0	≤59 = 0.0	WF = 0.0
FF = 0.0	WP = 0.0	INC = 0.0	AUD = 0.0	P = 0.0	

CDM = Credit by Demonstrated Mastery (SBE-GCS-M-001)

Course Flags

E	Course is excluded from GPA
N	Course is non-credit course
P	Course is in progress
S	Course is scheduled to be taken
U	Course contributes toward UNC minimum course requirements

**** CTE CONCENTRATOR DETAILS**

AGNR-Agriculture, Food & Natural Resources	EDUC-Education & Training
ARCH-Architecture & Construction	HUMA-Human Services
AAVC -Arts, AV Technology & Communication	INFO -Information Technology
BMA -Business Management & Administration	LAW -Law, Public Safety, Corrections & Security
FINA -Finance	MANU-Manufacturing
HLTH -Health Science	MRKT-Marketing
HOSP-Hospitality	STEM-Science, Technology, Engineering & Mathematics
GOVT-Government & Public Administration	TRAN -Transportation, Distribution & Logistics

How Can I Begin Preparing for College Now?

- Get your GPA as high as possible
  - Take challenging classes, work hard in your classes, and earn high grades
  - Improve your class rank
- Get involved with Extracurricular Activities
  - Sports
  - Clubs
  - Volunteering
  - Part-time job or job shadowing
- Participate in a summer experience
- You *can begin* studying for the ACT and SAT

ACT/SAT Prep

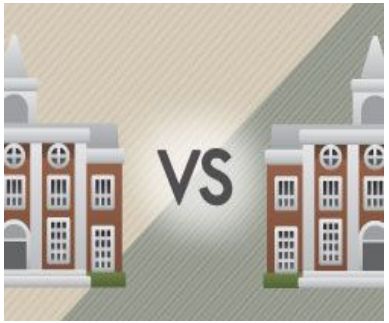
- Studying for the SAT
  - Link your collegeboard account to Khan Academy and get a **FREE**, personalized study plan based on your PSAT scores
  - Use Khan Academy to take free practice SAT tests
- Studying for the ACT
  - ACT Test Prep booklet
  - Official ACT Prep Guide - costs money online but is covered by a fee waiver

MAKE A PLAN: Get Involved through Extracurricular Activities

- Joining clubs at school (listed on the SVHS website)
  - Get to know students outside of your classes, make new friends, and be a part of a group with goals and a purpose
- Playing sports at school or in your community
  - Gain experience working with a team to reach goals and build self-confidence
- Having a part-time job (if it does not interfere with school work and grades) and job shadowing
  - Explore careers, gain experience, and build skills that will be useful in your future career
- Volunteering in your community
  - Teach you how to help other people and open your eyes to the needs of others

How to PLAN for your future: Research Colleges

- Use **SCOIR** to explore Colleges
  - You can use filter such as GPA/test scores, locations, fields of study, etc.
- Will need CFNC account for Residency account
- Visit college campuses- schedule a tour and information session. Many schools are doing virtual visits!
  - This is the best way to find out what type of college you are interested in attending
- Use BigFuture
  - Go to www.bigfuture.collegeboard.org to research schools
  - Filter through 4,000 colleges and universities to see which ones match what you are looking for
- Look for schools in your current academic profile
  - Check the average freshman profile of colleges you are interested in to make sure you are on track



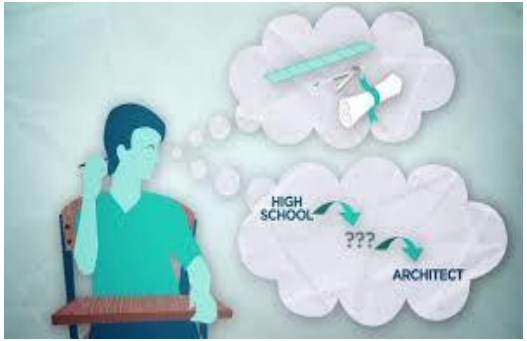
SCOIR

SCOIR

Your College Search Starts Here

A Brief Overview

- Request Transcripts
- Request Letters of Recommendation
- Scholarship Search



How to PLAN for your future: Research Community College Programs

- Local community colleges include South Piedmont Community College **(SPCC)** and Central Piedmont Community College **(CPCC)**
- Open admission
- 2 year college option that can lead to:
  - ***Associates of Art or Science*** → degree that is designed for transfer to a 4 year university
  - ***Diploma or certificate in a specific program*** → lead to entrance into the workforce
    - Early Childhood Education, Automotive Systems Technology, Welding Technology, and many more!

South Piedmont Community College- CCP program

43 CTE pathway options- fall into 12 areas:

- Agriculture, Food & Natural Resources
- Architecture and Construction
- Business Mgmt & Administration
- Health Science
- Hospitality & Tourism
- Human Services
- Information Technology
- Law, Public Safety & Security
- Manufacturing
- Science, Engineering & Mathematics
- Transportation & Distribution
- Arts, Audio/Visual Technology & Communications

There are also **College Transfer Pathways** you can complete.

These courses allow you to earn College Credit IN High School that will then transfer to UNC-system schools and some private colleges/universities.

* Junior/Senior year eligibility

*** A 2.8 unweighted GPA is required to enroll in any CCP course

Military

- Different military branches visit SVHS throughout the year
- **<u>The ASVAB test is REQUIRED</u>** (Armed Services Vocational Aptitude Battery) for entrance into the military
- SVHS will offer the ASVAB test in **<u>October (27th) & November (3rd)</u>**
- ***ROTC scholarships are available!***
  - ***<u>http://todaysmilitary.com/videos/earning-a-degree</u>***
  - Deadlines are usually from October to December, so plan early!

IMPORTANT POINTS TO REMEMBER

- To be promoted to 11th grade → **need 13 credits including Eng. II**
- You must score a level III, IV or V to meet the Exit Standard on the English II, Math I, Math III, and Biology EOC's .
- Students will not receive credit for a class if they miss 7 or more days
  - Will be required to do attendance recovery.
- Students must pass 3 out of 4 classes to be eligible to take Drivers Education
- Students must pass 3 out of 4 classes and be in attendance at least 85% from the previous semester to be eligible to play sports
- Students can earn college credits in high school through College and Career Promise Program at SPCC (typically as a junior and /or senior).

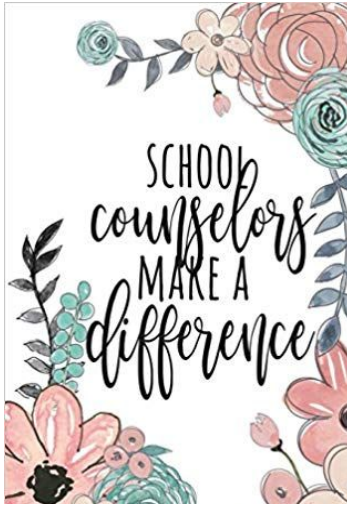
Resources

- SVHS School Counseling Center
- College Advisor: Mr. White
- SVHS School Counseling webpage on the SVHS website
  - Under “for students”
- SCOIR
- Counseling Canvas Page

@SVHS_Counselors

One Final Thing...

http://bit.ly/10thPOST



The Sun Valley Counseling Center would like to welcome all students to a new school year. We are here to help you make wise decisions and to remove any obstacles that may hinder your success in school. We would like to see this be your best school year yet!